

Venue Addresses and Main Telephone Number

Arnbrook Children's Centre

Home Close, off Bestwood Lodge Drive, Arnold, NG5 8BY

☎ 0115 9165010

Calverton Children's Centre

Flatts Lane, Calverton, NG14 6JZ

Killisick Children's Centre

Killisick Road, Arnold, NG5 8BY

Arnold Library

Front Street, Arnold NG5 7EE

Calverton Library

St Wilfreds Square NG14 6FP

Arnold Health Centre

High Street, Arnold, NG5 7BQ

Warren Primary School

Bewcastle Road, Arnold, NG5 9PJ

Killisick Allotment

Hawthorn Crescent, Arnold NG5 6HP

Woodthorpe Library

Wensley Road NG5 4JW

Our groups and sessions

Infant Feeding – Meet other new mums & share infant feeding experiences.

Childminding Group - Supporting Childminders and their children.

Dad's group - Male carers come along and have fun with your children!

Self Weigh & Play - Weigh your baby then play for a while with other babies.

Happy Diggers - Meet at Killisick CC and walk together to the allotment.

Little Talkers – Fun group to help with speech and communication.

Lot's of Tots - Play session for expectant parents & families of twins/triplets or more

Polish Group - Come along and meet other Polish families in our area.

SENdsation - Play session for families who have children with additional needs.

Little Bunnies / Fun for All - Fun play sessions for families with children 0-4 years.

Self Weigh will also be available if required!

Nearly Two, What can I Do? - Have fun supporting your child to develop as they reach the age of two.

Sing, Shake and Smile - Interactive singing session to promote speech, language and communication

Forest schools - Outdoor learning delivered in schools, planned to support all areas of development.

Infant Massage - 3 wk course , promotes bonding, colic relief, relaxation & more!



Healthy Start. Bring your vouchers for free vitamin drops for children & tablets for pregnant or breastfeeding mums.
Also available to buy: **Tablets 80p** **Drops £1.40**

Nottinghamshire Children
and Families Partnership



Sure Start Children's Centres

Gedling North Children Centres

Tel: 0115 9165010 or 0115 8760193

Website: www.surestart.notts.nhs.uk

Facebook: Arnbrook, Arnold, Killisick & Villages
Children's Centre

Here's the...

What's On Guide

Arnbrook, Arnold, Calverton,
Gedling Villages & Killisick
Children Centres

April – July 2018



Commissioned by:

 Nottinghamshire
County Council

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	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Self Weigh Killisick CC 9.30am -11.00am 0-12 months Infant Feeding Group Killisick CC 10.00am -11.30am *Little Talkers Invite only SENdsation Arnbrook CC 9.30am - 11.00am 0-4 years *Little Swimmers Calverton Leisure Centre Contact Arnbrook CC for further information.	Little Bunnies Warren Hill Primary School <i>Self Weigh also available for babies up to 1 year.</i> 9.00am - 10.45am 0-3 years *Adult Learning/Parenting Programmes Contact Arnbrook CC for further information.	*Childminders Group Arnbrook CC 9.30am –11.30am *Little Swimmers Calverton Leisure Centre Contact Arnbrook CC for further information.	Self Weigh & Play Calverton CC 9.30am -11.00am 0-12 months Lots of Tots Arnbrook CC 10.00am -11.30am First Thursday of every month Starting from 3/5/18.	Polish Group Arnbrook CC 9.30am - 11.00am Sing, Shake and Smile Arnold Library 9.30am -10.15am Fun for All Calverton CC 9.30am - 11.00am 0-4 years
	Baby Massage Courses - Contact the Children's Centre for more information & to put your name on the waiting list. Forest Schools Delivered at local schools				
Afternoon	*Adult Learning/Parenting Programmes Contact Arnbrook CC for further information.	*Adult Learning/Parenting Programmes Contact Arnbrook CC for further information. Fun for All Arnbrook CC 1.00pm - 2.30pm 0-4 years Self Weigh Arnbrook CC 1.00pm - 2.30pm 0-12 months	*Adult Learning/Parenting Programmes Contact Arnbrook CC for further information.	*Nearly two, what can I do? 18-24 months Invite only Self Weigh Arnold Health Centre 1.30pm - 3.00pm 0-12 months	Happy Diggers Killisick CC 1.00pm - 2.30pm Sing, Shake and Smile Woodthorpe Library 2.15pm - 3.00pm Saturday Dad's Group Arnbrook CC 9.30am - 11.30am 21/4, 16/6. *Save a Baby's Life Course Killisick CC 10.00 -11.00am Next dates: 12/5, 29/9.

All groups are for Under 5's unless otherwise stated
 All sessions are Term Time Only.

Activities marked with an * require booking.
 Separate holiday activities timetable.

This guide is available in other formats.