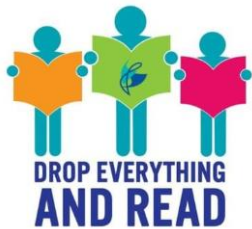


Please remember to:



Drop everything for 10 minutes and read with your child every day!



Interact with us on ClassDojo at least once a week.



n Talk to us if you have any worries or concerns.

Now the Easter break is over, our teachers will be back providing daily Maths & English activities for all children through Class Dojo. They will also provide some additional learning.

We'll also be sending home three weekly challenges below: one linked to healthy lifestyles, a sports challenge and a reading challenge.

Try them at home and share your success. Send us a picture on ClassDojo, email office@arnbrookprimary.net or tweet @arnbrookprimary using the hashtag #awesomearnbrook to be in with a chance to win!

Do not worry about trying to keep a full routine for your child like they had at school. But children will feel more comfortable and learn better with a routine to the day, even if this is tricky.

[Click here](#) for more support with home learning, including a suggested timetable, but remember to try to make sure that your children:

- get up and go to bed at the same time each day
- have regular meal times
- have regular breaks
- make time to be active
- manage their screen time

Remember that 'learning' takes many forms – baking, helping with chores, playing a board game – are all ways of teaching your children important skills.

Arnbrook Healthy Challenge

Week beginning 20 th April 2020:
Social: I played a game.
Nutrition: I chose healthy snacks http://bit.ly/Sugar-Swaps
Activity: I walked more.
Technology: I stopped using a device at the agreed time
Sleep: I woke up ready to go!





Weekly Reading Challenge

Make a reading den to read your favourite books in! It could be inside, or in the garden. It might be full of cuddly toys or a nice cushion! Have fun reading at home with your child and encourage your child to keep reading. Information on reading at home can be found [here](#).

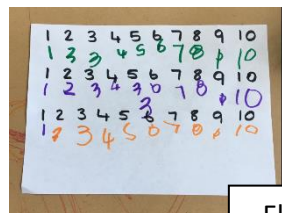
Weekly Sports Challenge

SocksinaBox! Throw as many pairs of socks into a box as you can in 60 seconds! How to play: Get 5 pairs of rolled up socks and a box (or similar). Take 4 big steps away from the box and put down a marker (we used a plastic cup). When the timer starts, start to throw the socks into the box one at a time, keep count of how many land in the box. When you've thrown all 5, quickly run and collect them, run back to the marker and keep going until the 60 seconds is up!



Awesome Arnbrookers!

Check out our fantastic home learners of the week below.
Well done everybody!



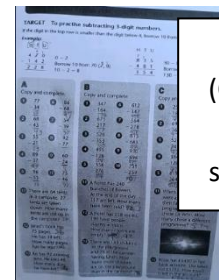
Scarlett (Oak) – looks delicious!



Ellis (Badgers) – super number work!



Joseph (Hawthorn) and his amazing hamster den!



Arron (Chestnut) – great subtraction!

Freebies

There's so many websites, games and ideas online at the moment. Here's a few things we love, that you might too. This week's focus is on: keeping active!

[Joe Wick's daily PE workout!](#)

[Dancing lessons with Oti Mabuse](#)

[Great games from Change4Life](#)

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